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Words from our General Manager - Jo Star

Dear Friends,

I am writing to you with a heavy heart. The tragic events in Israel over the past week have affected us all.

We at ARK Centre, are here for you if there is anything we can do to support you during this horrific time.

Rabbi Gabi will be davening Mincha and Maariv this coming Monday night at ARK, followed by a drink and a chat.

If you would like us to facilitate additional services during the week, or you would like some other form of connectivity, please reach out to me.

Yesterday, I was briefed by CSG on the current situation in Melbourne. They requested that we share with our communities that we are to go about our daily lives, being more vigilant, but there is no need for panic or alarm.

They emphasised the importance of **EVERYONE downloading the JEAP App** on their phone (see below), as this is a direct communication line between them and the community for any alerts / information that need to be shared.

They also stressed that we should not share information amongst ourselves unless it has been verified by CSG as there have been instances which have caused unnecessary panic amongst the community.

Please see the link below for the full update from CSG on the current situation. I would like to thank our SPT Team for their continued support. These are members of our ARK Community who, via coordination with CSG, are protecting our shul and of course all of us when we are here.

Wishing you a Shabbat Shalom, and peace and comfort at this difficult time,
Jo

[Download JEAP App](#)

[CSG Community Statement](#)

PHOTO OF THE WEEK



On Tuesday night, we held a special prayer service at ARK Centre to stand in solidarity with Israel.

Prayers for the State of Israel, the hostages, the soldiers and for those who are ill were recited by members of the congregation.

We also welcomed guest speakers Kylie Moore-Gilbert & Naomi Levin who addressed the attendees with meaningful words.

WHAT'S HAPPENING AT ARK CENTRE

Mincha with Rabbi Gabi



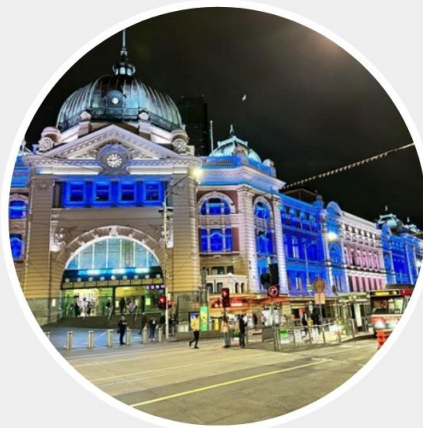
Please join Rabbi Gabi for Mincha,
followed by a drink & nosh
on **Monday night** as we continue to
stand in solidarity with our brothers and
sisters in Israel.

Date: 16th October
Time: 7.30pm

* Registration required

Registration :

<https://www.trybooking.com/CMKAA>



Backgammon Tournament #2

With the success of last weeks backgammon tournament, we look forward to our second tournament to be held in November.

Congratulations to Andrew Shostak on winning the tournament and to Chris Grodski who was runner up.

Details for our next tournament are below.

BACKGAMMON TOURNAMENT



@ ARK CENTRE

SPONSORED BY ERDI FOUNDATION



**SHESH
BESH**



**OPPORTUNITY
TO BUY
BACK IN
ONCE!**

PRIZES!
1st PRIZE \$250
2nd PRIZE \$100

9TH NOVEMBER 7.00PM

ARK members \$20

non-members \$25

Bookings essential!

<https://www.trybooking.com/CMKTQ>

All queries: manager@arkcentre.com.au



[Register Here](#)

ORGANISATIONAL SUPPORT

Local & Abroad

JEAP APP

CSG & Hatzolah App



JEAP is the Jewish Emergency Application giving you instant access to the two Victorian Jewish Community First Response groups.

At the push of a button, access CSG for security-related incidents and Hatzolah for medical emergencies to obtain fastest response 'when every second counts'.

We encourage all our members to download this App and hope that you never need to use it.

[Download App](#)

Looking to donate to Israel?

- Social Blueprint provides options

If you would like to donate to a cause in Israel, please click on the link below for different organisations who would be appreciative of support :

[Donate to Israel Options](#)

Souper



B"H

eastern european cuisine

In these dark times, our amazing volunteers have come together for the community.

For anyone who is feeling afraid, lonely or lost in the sadness, we welcome you at Souper for complimentary coffee, cake and a friend to talk to.

We have lovely self-care packages for children, women and men. Please collect from the Bistro



We welcome you at Souper for a care package, a cup of coffee, a slice of cake and a friend to talk to - on us.

If you or anyone in your circle could benefit from a care package or for a friend to talk to, reach out and pass on this message.

For details please click on the link below.

[Information](#)

Letters of Support for IDF

EO (Entrepreneurs organisation) in Israel are collecting letters of encouragement and thanks from Australia to Israeli Soldiers (physical Letters). If you would like to write a letter of support to our IDF soldiers, you can share

with them how thankful you are, or how you feel about Israel, or anything you want to share with them. The only rule is that you must keep a positive approach, i.e do not write with hatred.

- Address the letter to "Hello dear soldier, I hope you are safe"
- Sign it with your first name, age, and where you are from

All letters need to be delivered by end of day Friday 13th to David Southwick's office (1/193 Balaclava Rd, Caulfield North VIC 3161) and then they will be flown to Israel and given to the soldiers on the front line.

A MESSAGE FROM RABBI GABI



My dear community, it has been a hard week for all the Jewish people.

After the jubilation of the High Holidays, I turned on my phone after a two-day break to see the most horrific scenes that none of us could have ever imagine. Kidnapped Israelis. Mass terror in the south of the country. Beautiful kibbutzim soaked in blood. A rave of young people; hundreds killed, and many more missing. And children. So many young children. Orphaned. Kidnapped. Murdered in their beds.

Hashem Yishmor. What can one say at such a time? The reality is far worse than any of us could have seen, and it will continue to haunt our collective Jewish history for years to come. But in the meantime, despite us being very far I feel close to Israel. So many of you have reached out to me, asking me what they can do to help the homeland of the Jewish people in this time of need.

You have donated money. You have shared information on social media. You have supported local Israelis who are feeling bereft and sad. You have gathered for prayers. In Sydney, more than 5000 people gathered in a rally in solidarity of Israel and I am sure the rally in Melbourne will attract many thousands as well.

As a rabbi, I turn to the tried and tested words of our sages. In a time of need, we increase our Tefillah. We beseech G-d to have mercy on the Jewish people, and ask that the hostages come back to Israel safely. We pray for the safety of the Jewish soldiers, who will no doubt be facing tough days and weeks ahead. And we pray for the safety of our homeland, and that the mourners across Israel feel some comfort in the midst of their sadness and grief.

We also increase our acts of goodness and kindness. We take on extra Mitzvot. We take the chance to learn extra Torah. We give charity. These small acts are

worth their weight in gold. They beseech Hashem to show mercy on all people and protect Israel.

Many people are asking me how I am taking care of myself during this difficult time. I would suggest that each of us should take social media breaks. And to ensure we guard our eyes from the terrible images and videos that are being transmitted as we speak as a form of psychological warfare.

We should do things that help us feel relaxed and calm. Take a walk. Do some yoga or pilates. Pray. Meditate.

Each of us should also reach out to a friend. The Jewish people are united and when we support each other, we have the ability to overcome any challenges that come our way.

Am Yisrael Chai!

A PRAYER FOR PEACE

Oseh Shalom a prayer for peace

עוֹשֶׂה שָׁלוֹם בְּמִרְמָיו הוּא
יַעֲשֶׂה שָׁלוֹם עָלֵינוּ וְעַל כָּל
יִשְׂרָאֵל וְאָמְרוּ: אָמֵן

*Oseh shalom bimromav, hu'yaseh shalom
aleinu, va'akol yisrael. Vimru: amen.*

May the One who creates peace in
the heavens bring peace to us and to
all of Israel. And we say: Amen.

YIZKOR



Wishing long life to all those affected by the tragedy in Israel.

We wish a long life to the following people
who are observing yahrzeit next week;

Jeffrey Pinch on the yahrzeit of his mother **Helen Pinch**
Miri Zevin on the yahrzeit of her husband **Leonard Bagle**
Braham Zilberman on the yahrzeit of his mother **Dora Zilberman**
Mark Silver on the yahrzeit of his father **George Silver**
Dov Potaznik on the yahrzeit of his mother **Chana Potaznik**



Happy Birthday to the members of our community who are celebrating next
week;

Marion Ackman
Theodore Rosales
Kerry Goldfinger
Benjamin Eizenberg
Jacquelyn Segal
Timnah Davies

Khya Marabel-Whitburn
Claire Eizenberg
Phillippe Zimet
Sophie Samowitz
Lily Samowitz
Madeleine Better

CANDLE LIGHTING



Kabbalat Shabbat

Service commences approx. 6:15pm concludes by 6:45pm.

Shabbat Morning

Service commences at **10.00 am** sharp.

Candle Lighting

Friday 13 October (Tishrei 28, 5784) at **7.17pm**

Shabbat Ends

Saturday 14 October (Tishrei 29, 5784) at **8.16pm**

Parasha : Bereishit

COMMUNITY INITIATIVES



27

November
2023
7-10pm



**The Social
Blueprint**

S | J&R SMORGON
FAMILIES FOUNDATION

NDIS + Advocacy Education & Community Disability Expo

**Uncover the wealth of disability support services
available for the Jewish Community.**

7-8:30pm Education Session:

Navigating the NDIS
Exploring Disability Assistance
Advocating for Disability Rights

8:30-10pm Expo:

Organisations Supporting Disability
Light Supper by All Things Equal and Access

TheSocialBlueprint.org.au
Free, register now, limited seats





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לולבים: Standard, Deri & Deri-Kora

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Dovi Broner & Yoni Hersh

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Jewish Connections Through Community | Business | Social

TheSocialBlueprint.org.au

The Social Blueprint offers real connections, real help and real benefits for all Victorian Jewish community needs in order to unlock the potential of our community.

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