

# Ark WEEKLY

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## MAZEL TOV



Mazel Tov and much naches to Carri Aronson & Jonathan Zimet

on the birth of their son Aaron Leo.

Congratulations also to the proud grandparents  
Marilyn & Phillippe Zimet

and great grandparents  
Michael Cohen OAM and Lily Zimet

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Mazel Tov and much naches to Sarah Jane, Jay, and Ellie Ivany on the arrival of a baby boy.

Congratulations also to the proud grandparents Susie & Paul Ivany.

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## PHOTO OF THE WEEK

## NEW SEFER TORAH



Moshe Adut was a remarkable individual whose love for his family, Israel, and the Jewish people defined his life. Proud of his Sephardic heritage, he loved being in Shule and learning Torah. His passing left a profound void, but his memory lives on through the beautiful tribute of a Sephardic Sefer Torah in his memory which has been donated to the ARK Centre by his family. Please join us to welcome Moshe's Torah "Hachnasat Sefer Torah" at the ARK Centre on Friday 23rd February. It will be a celebration of Moshe's life, filled with dancing, goodies for the kids and a lavish Kiddush followed by Kabbalat Shabbat.

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## WHAT'S HAPPENING AT ARK

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### Backgammon Tournament

We are back for 2024.....**First Tuesday of every month**, please diarise the Backgammon Tournament at ARK.

\* 6th Feb \* 5th March \* 2nd April \* 7th May \* .....

If you are a beginner or would like to learn, please come along and watch / practice with the more experienced players.

# BACKGAMMON TOURNAMENT



@ ARK CENTRE

SPONSORED BY ERDI FOUNDATION



**We are back for 2024.....**

OPPORTUNITY  
TO BUY  
BACK IN ONCE!



PRIZES!  
1st PRIZE \$250  
2nd PRIZE \$100

**6th FEBRUARY 7.00PM**

**ARK members \$20**

**non-members \$25**

Bookings essential!

<https://www.trybooking.com/COPLZ>

All queries: [manager@arkcentre.com.au](mailto:manager@arkcentre.com.au)



Register here

Jewish History Discovery Course



## 4 WEEK JEWISH HISTORY COURSE

*Uncover biblical stories, the rise and fall of empires. Embark on a voyage through thousands of years of Jewish history. Discover the land, the people & the spirit with guest lecturer Bev Sacho*

**STARTING WEDNESDAY  
FEBRUARY 14  
7:30-8:30PM**

Free to ARK Members

Registrations via the link below:

<https://www.trybooking.com/COQHJ>

More information

Register here

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Save a Child's Heart Shabbat Dinner



Save a Child's Heart  
together with  
ARK Centre



invite you to Shabbat Dinner

**Friday 16th February 2024**

*Hear from the following people sharing their stories of Israel through unique experiences.*

***Dr Stella Mongella*** - paediatrician from Tanzania who was trained in Israel by Save a Child's Heart

***Rabbi Gabi*** - his recent visit to Israel

***Bettina & Andrew Schwartz*** - having a child currently serving in Israel on the front line



Please click on the  
link below to book

Service to commence at 6.15pm

Followed by dinner at 6.45pm

**Cost for dinner :**

- \$60 ARK members
- \$75 non-members
- Children under 10 free

**<https://www.trybooking.com/CONSB>**

Background on Dr Stella Mongella

Register here

# First Aid Training



Community First  
Responders Australia



## Community CPR and First Aid Training

In the case of a cardiac arrest there are only 4 minutes to act. Teaming up with Ambulance Victoria and GoodSAM, Community First Responders Australia is working to build community and save lives by increasing the number of GoodSAM responders across the community.

Join us on the 21st February 2024 at 7pm at the Ark Centre to either:

- Obtain your CPR and/or First Aid Accreditation for school/work\* OR
- Learn and practice the skills needed to respond to a cardiac arrest and other medical emergencies (unaccredited)

All participants will have the opportunity to join GoodSAM and have access to ongoing skills training.

Cost: from \$60 per person (accredited training incurs an extra fee)  
To book: <https://www.trybooking.com/COQBD>

**The Community Lifeline**  
[info@cfra.com.au](mailto:info@cfra.com.au) | [www.cfra.com.au](http://www.cfra.com.au)

SCAN HERE  
TO BOOK



Nationally Recognised Training and Assessment is delivered on behalf of Alesis Training Pty Ltd - RTO 90909

Scan QR code to register

## Hachnasat Sefer Torah



# HACHNASAT SEFER TORAH

5.30pm Friday 23rd  
February

Dancing, singing and a lavish kiddush to welcome  
a new Sefer Torah



Tzohar Event





**The ARK Centre**

has pleasure inviting you to an evening to hear

**Adam Segal**

Director of International Strategy and Development for Tzohar

**Israel - Can there be Harmony in Discord?  
Navigating Disunity and Bridging the Religious-Secular Divide  
Before, During and Beyond 7th October**

The unprecedented disunity, bordering on civil war, that was Israel's reality on 6 October was replaced by unprecedented unity on 7 October. Three months later, sadly, the cracks are already beginning to reappear. Tzohar is at the forefront of uniting the Jewish people across Israel. Adam will bring you the latest from Israel with his personal insights and the impact of the war on this important issue. He will explain how Tzohar, a household name across Israel, provides programs to connect Secular Israelis to their heritage and Jewish practise - from enabling Jewish marriages and Bnei Mitzvah opportunities to providing services from Kabbalat Shabbat activities to festivals and much more. Hundreds of thousands of Secular Israelis have deepened their connection to Jewish tradition with thanks to Tzohar. Importantly, Adam will share his and Tzohar's hopes and aims for the future.

**Tuesday - 27 February - 7:30pm**

To book and details: <https://www.trybooking.com/COQGD>

Address to be provided upon registration

**This is not a fundraising event and there is no charge.**

Booking is essential



R E S P E C T Z O H A R E L E V A N C E

[Register here](https://www.trybooking.com/COQGD)

## B'nei Program 2024

**IT'S NOT TOO LATE TO REGISTER. CALL 8658 4044 OR  
EMAIL [OFFICE@ARKCENTRE.COM.AU](mailto:OFFICE@ARKCENTRE.COM.AU)**



**2024**  
**BNEI**  
**MITZVAH**  
**PROGRAM**

**COMMENCING TUESDAY**  
**6TH FEBRUARY**

BAR/BAT MITZVAH  
ARK STYLE

**RABBI GABI & REBBETZIN MUSHKA WILL  
TAKE YOU ON A JOURNEY OF  
LEARNING & FUN!**

Term 1 Dates ; 6/2/24 - 16/4/24  
Term 2 Dates: 7/5/24 - 25/6/24  
Cost per term: ARK Members -\$250  
Non members \$300

*For further information, please contact  
the office @ 8658 4044 or email  
[manager@arkcentre.com.au](mailto:manager@arkcentre.com.au)*

LIGHT REFRESHMENTS PROVIDED

**Request further information**

**A MESSAGE FROM RABBI GABI**



This week was pure joy and happiness in our home as we welcomed home our new baby girl, Sarah Leeba. Named after two of Mushka's great-grandmothers, both called Leeba, and Mushka's great-great-grandmother Sarah, we know that she will be a source of tremendous joy and happiness to us, and all the family. We will be calling her Lily, a cute nickname.

Baby Lily is entering a world filled with unprecedented access to knowledge and resources. In this 21st century era, technological advancements have opened up avenues for learning Torah that were unimaginable for her great-grandparents. We recognize the unique position Lily holds, where she can explore and engage with Jewish teachings in ways that transcend traditional boundaries. As parents, it is our responsibility to foster a deep connection to Judaism and Torah in all our children. By providing them with the tools and opportunities to embrace their heritage, we strive to instill a lasting love for Jewish wisdom and values found in the teachings of Torah.

Mushka, as always, was a champion. With each child that we bring into the world we have a sense of responsibility that we as parents must model. We want our children to see the beauty in our religion, to observe Torah and Mitzvot, and see a sense of wonder in our ancient tradition that has been passed from parents to children over millennia.

Raising children is an ongoing responsibility. When a new child is born, the responsibility to the other children does not stop. In fact, the responsibility increases as we continue to balance our obligations. As parents, we will continue to do our best. We seek guidance from our elders, and of course, the Torah, which provides ongoing lessons on how to engage with children.

As I reflected on this week's Parsha, Yitro, it made me feel a sense of responsibility. Yitro, Moshe's father-in-law, shares a warm relationship with him. In fact, despite not being born Jewish, Yitro recognises Hashem as the legitimate ruler of the earth. He provides Moshe with advice, and helps him to see that without assistance Moshe will surely wear himself out and will be exhausted.

In Parshat Yitro, we find a powerful message about the importance of communal support and leadership. Yitro's wisdom goes beyond his familial ties, as he imparts valuable advice to Moshe, recognizing the significance of delegation and collaboration. Yitro's insight underscores the idea that even the most revered leaders can benefit from the counsel of others. This lesson resonates with us as parents, emphasizing the need to create a nurturing community for our children, where guidance, shared responsibilities, and collaboration are embraced. Yitro's role in Moshe's life serves as a reminder that seeking assistance and building strong connections within our community contribute to the well-being and sustainability of our collective journey in fostering a love for Judaism and Torah among the next generation. This week's parsha also has extra significance as we read the 10 Commandments on Shabbat morning. I hope you can make every effort to join us in Shule!

So as we celebrate baby Lily's birth, we pray for good guidance and happiness for her and all of Am Yisrael.

Shabbat Shalom

## A PRAYER FOR PEACE

### Oseh Shalom a prayer for peace

עוֹשֶׂה שָׁלוֹם בְּמִרְמָיו הוּא  
יַעֲשֶׂה שָׁלוֹם עָלֵינוּ וְעַל כָּל  
יִשְׂרָאֵל וְאָמְרוּ: אָמֵן

*Oseh shalom bimromav, hu'yaseh shalom  
aleinu, va'akol yisrael. Vimru: amen.*

May the One who creates peace in  
the heavens bring peace to us and to  
all of Israel. And we say: Amen.

my JEWISH LEARNING

## Yahrzeit



We wish a long life to the following people who are observing yahrzeit  
next week;



Janice Broder on the yahrzeit of her mother **Yetta Naphtali**  
Michael Naphtali on the yahrzeit of his mother **Yetta Naphtali**  
Roslyn Roseman on the yahrzeit of her sister **Sally Hower**  
David Franks on the yahrzeit of his mother **Reva Levinthal**  
Elissa Joachim on the yahrzeit of her father **Dennis Joachim**  
David Joachim on the yahrzeit of his father **Dennis Joachim**  
Margaret Ashton on the yahrzeit of her husband **Cyril Ashton**  
Sharon Berman on the yahrzeit of her father **Kalman Schwartz**  
Liz Levin on the yahrzeit of her father **Kalman Schwartz**  
Elle Schwartz on the yahrzeit of her mother **Edna Goodman**

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Wishing long life to all those affected by the tragedy in Israel.

## HAPPY BIRTHDAY



**Happy Birthday** to these members of our community for the upcoming week;

Justin Beaconsfield  
Harry Rosenberg  
Georgia Samuel  
Sharon Roseman  
Ethan Tanner  
Ellie Ivany

## CANDLE LIGHTING



### **Kabbalat Shabbat**

Service commences approx. 6.15pm concludes by 6.45pm.

Kiddush commences at 5.45pm

**Shabbat Morning**

Service commences at **10.00 am** sharp.

*Includes Rosh Chodesh Adar I*

**Candle Lighting**

Friday 2 February (Shevat 23, 5784) at **8.15pm**

**Shabbat Ends**

Saturday 3 February (Shevat 24, 5784) at **9.15pm**

**Parasha : Yitro**

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## COMMUNITY INITIATIVES

### JEAP APP

CSG & Hatzolah App



JEAP is the Jewish Emergency Application giving you instant access to the two Victorian Jewish Community First Response groups.

At the push of a button, access CSG for security-related incidents and Hatzolah for medical emergencies to obtain fastest response 'when every second counts'.

**We encourage all our members to download this App and hope that you never need to use it.**

[Download App](#)

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**[JEWISH EDUCATION FOUNDATION](#)**

**Would you like your  
child to attend a  
Jewish school?**

**Apply to the FAB for  
a fee assessment**



Call Nechama Bendet on 0425 770 002

[admin@jewisheducationfoundation.com](mailto:admin@jewisheducationfoundation.com)



**BOOK HERE**

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**The SOCIAL BLUEPRINT**



THE SOCIAL BLUEPRINT

## Jewish Connections Through Community | Business | Social

**TheSocialBlueprint.org.au**

The Social Blueprint offers real connections, real help and real benefits for all Victorian Jewish community needs in order to unlock the potential of our community.

Visit The Social Blueprint to see:

Community Events

Videos & Blogs

Over 600 organisations

Aid | Health | Jewish Life | Businesses



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